

CROSS COURT

Newsletter of the Lower Hutt Tennis Club Inc

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March 2007

Welcome to the new look Club Newsletter. Unfortunately this is being sent only to those of you that replied with their email address so I hope not too many of you will miss out.

A copy will be put up on the Notice Board and I hope this will remind you to send your email address in for us to communicate with you better.

It seems that summer has just started with all the fine windless days and I hope this will continue through April.

We have a lot to organise in the balance of the season and summer is not allowed to end until the end of April.

This is just a short Newsletter but it does have some very important and exciting events so please read carefully and decide how you will take advantage of what we are offering.

WEDNESDAY NIGHT LEAGUE

The current league has 16 teams and finishes on 4 April.

It is proposed to run the next league from 25 April (which is Anzac Day) through to 27 June. Linda would appreciate some feedback on whether to start the league on Anzac Day or leave it for a further week.

The sheets for joining the next league will go up on the noticeboard within the next week.
Cheers
Linda

CLUB PICNIC MARTINBOROUGH Sunday 25 March 10.30am to 4.30 pm

This is one of those rare opportunities to play on real grass courts & for those who have never tried you will enjoy the experience.

We have hired the 6 grass courts & invite you all to bring your family, children & friends plus your picnic food & drink & spend the day playing tennis or sitting in the sun on the grass under the trees with a glass of wine.

We will cater for all levels of players & already we have both Regional 1 players & beginners coming along with their families.

It will not matter if your friends are not members. This is about fun!

Just send me an email to say you are coming.

john.donaghy@xtra.co.nz

MIDWEEK MEMO

We have full draws of 16 for the midweek champs which are well underway. Two rounds of singles and doubles have been played & we have hopes of them finishing in weeks rather than months!

Results for the post-Christmas interclub round are looking promising over all the grades.

The Red Cross doubles tournament is being held at Mitchell Park on Tuesday 27 March. Closing date for entries is 20 March.
ROS

CLUB CHAMPIONSHIPS 28 & 29 April 2007

Interclub will be finished so there will be no excuse not to enter the champs this weekend.

It will be a full weekend of tennis & we will prepare the draws in advance so you will know exactly when you will be playing each match.

You may enter in the Open, Veterans, or B Grade & there are singles, doubles or mixed in each grade.

Maximum number of events anyone can enter is 3 providing they are all in the same category. If you are entering in more than 1 category the maximum number of events is 2.

Open best of 3 tie breaker sets.

Veterans best of 17 games - short deuces, tie breaker at 8 all.

B Grade best of 17 games - tie breaker at 8 all & short deuces.

Members listed as Regional or as Division 1 team players by Ora cannot enter B Grade events & Veterans events are restricted to Men over 40 and Women over 35.

Depending on numbers of entries plate events or round robin formats may be drawn.

Partners can be found for you if needed.

Please send your entry to me ASAP but no later than 20 April.

john.donaghy@xtra.co.nz

DRESS CODE

The following is an extract from the Rules of an up market tennis club in Australia

Members & their guests playing tennis at the club must wear appropriate tennis apparel.

PERMITTED CLOTHING

Men: Tennis shorts & shirts as approved. Shirts must have a collar. Women: Tennis dresses, shorts, skirts, & tops as approved. Shoes must be designed for tennis.

NOT PERMITTED

Football, running, jogging, cycling, board, Bermuda, boxer or walk shorts or leotards.
Black socks. • Black shoes, ripple soles, running or cricket shoes or raised heels or studs.
No advertising larger than 5cm x 5cm

You won't see many scruffy people playing at this club. Are we too easy going at LHTC or do we just have low standards?

CASUAL PARENT FEE

The courts are getting very full with the large numbers of members using these at all hours.

Some parents who are not members are coming down with their children to give them some extra practice & these parents should be paying court hire.

Because only the child is a member you are likely to be asked to vacate the court.

The Club has introduced a new idea for parents. You can now pay \$50 & this will entitle you to casual use of the courts when they are not being used for organised club play.

Avoid embarrassment join up now!

**Send your name & address & \$50 to
LHTC PO Box 45020, Lower Hutt**

COMMUNITY COACH COURSE

This is a reminder of the Community Coach Course I will be running at Mitchell Park on Sunday, 25th March, 2007.

If any club members wish to participate in this course please contact me ASAP.

Kind regards, **Stefan Knap**
Regional Coach Force Officer

coachforce@regionaltennis.co.nz

LEARN TO PLAY TENNIS – FAST!

We have signed up more than 45 people for this course & some in the first course that started on 20 February have signed up again for the second course

The next course starts 20 March but you need to contact Gene to register before then or you will miss out.

The course gives six 1 & ½ hour lessons over 3 weeks on either Tuesday & Thursday mornings at 10am or Tuesday & Thursday nights at 6pm.

Telephone Gene 976 1445

BITS & PIECES

Used ball from Interclub matches - please donate these back to the Club for use in our leagues.

You should begin to think about playing winter interclub now. The summer interclub will finish this month & usually the winter competition starts about the end of May. If you want to be in a team send us an Email.

info@lowerhutttennisclub.com

First Aid - There is a first aid box in the kitchen cupboard as well as an ice pack in the freezer for any minor injuries.

Remember the RICE principle of first aid

REST - ICE - COMPRESSION - ELEVATION

**A reminder that when daylight saving ends weekend club days switch to:
Sat 1pm start
Sun 3-5 pm**

JUNIOR

The tennis season is fast coming to a close with only a couple more Club champ games to be played next Friday night. Prizegiving will be at 6pm on Friday 30 March. Everyone please bring a plate. Fun games from 5pm for those who want to come earlier.

Sunday morning tennis will finish on Sunday 1 April with some fun games and prizes! The first group will have morning tea at 10.15 and the second group at 11.45pm - everyone please bring a small plate of food to share. The Club will provide drinks.

Winter tennis will be on Friday nights from 5 to 6.30pm (beginning 4 May) but is dependent on having sufficient numbers to make it viable. The cost is \$65 for 2 terms of tennis coaching & games. Those who play throughout the Winter certainly improve in technique, fitness & match play & perform really well in interclub trials for next seasons teams.

Gene is also interested in running a team league (similar to interclub) on Sunday mornings throughout terms 2 & 3. If you are interested in playing in either winter tennis or this league please let Gene know or email Elizabeth on

gjoseph@paradise.net.nz

The interclub teams look really smart in their Lower Hutt tennis club shirts. They certainly make you play better tennis. We still have some available for sale at the remarkably cheap price of \$10 each & you don't have to play interclub to have one.

CLUB POLO SHIRTS.

Talk to someone wearing one of these & they will tell you how good they feel. See Gene – he has stock of these plus Club Vests that will be great in the winter months ahead.